



Lackawanna Trail School District Breakfast Menu - October 2024

Director of Food and Nutrition:

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* Menus are subject to Change

Monday

7	Warm Apple Frudel Chilled Juice Fresh Fruit Low Fat Milk
14	No School
21	Mini Strawberry Cream Cheese Bagel Chilled Juice Fresh Fruit Low Fat Milk
28	Warm Cinnamon Toast Crunch Bar Chilled Juice Fresh Fruit Low Fat Milk

Tuesday

1	Assorted Muffins Chilled Juice and Fresh Fruit Low Fat Milk
8	Mini Cinnamon Rolls Chilled Juice Fresh Fruit Low Fat Milk
15	Goody Ring Chilled Juice Fresh Fruit Low Fat Milk
22	Assorted Muffin Tops Chilled Juice Fresh Fruit Low Fat Milk
29	Warm Apple Roll Chilled Juice Fresh Fruit Low Fat Milk

Wednesday

2	Chicken Biscuit Sandwich Chilled Juice and Fresh Fruit Low Fat Milk
9	Ham, Egg & Cheese English Muffin Chilled Juice Fresh Fruit Low Fat Milk
16	Egg & Cheese Bagel Chilled Juice Fresh Fruit Low Fat Milk
23	Sausage & Cheese Biscuit Chilled Juice Fresh Fruit Low Fat Milk
30	Egg & Cheese English Muffin Chilled Juice Fresh Fruit Low Fat Milk

Thursday

3	Assorted Benefit Bars Chilled Juice and Fresh Fruit Low Fat Milk
10	Assorted Benefit Bars Chilled Juice Fresh Fruit Low Fat Milk
17	Assorted Benefit Bars Chilled Juice Fresh Fruit Low Fat Milk
24	Assorted Benefit Bars Chilled Juice Fresh Fruit Low Fat Milk
31	Assorted Benefit Bars Chilled Juice Fresh Fruit Low Fat Milk

Friday

4	Mini French Toast Chilled Juice Fresh Fruit Low Fat Milk
11	No School
18	Mini Maple French Toast Chilled Juice Fresh Fruit Low Fat Milk
25	Assorted Filled Crescents Chilled Juice Fresh Fruit Low Fat Milk
FREE BREAKFAST For all Students K-12	

OTHER DAILY OFFERINGS

Milk Choices Offered Daily

Fat Free Chocolate Milk and 1% White Milk

Daily Alternates:

Assorted Cereal w/ Crackers
Yogurt Cup w/ Crackers

Breakfast Cost:

Free for all students K-12



Online Account Management:

<https://www.schoolcafe.com/>
LackawannaTrailSD