

Lackawanna Trail Elementary School

October 2024 Lunch Menu

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 570.945.5181 ext 3212
 Student Paid Lunch: \$2.90



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SCHOOL LUNCH PIRATES FIND YOUR TREASURE! OCTOBER 14-18, 2024</p> <p>*National School Lunch Week</p>	<p>1</p> <p><u>Dish of the Day</u> Pierogies w/ Garlic Breadstick Green Beans Applesauce</p> <p>Chicken Nuggets w/ Buttered Noodles</p>	<p>2</p> <p><u>Dish of the Day</u> French Toast Sticks & Sausage Crispy Tater Tots Cinnamon Apples</p> <p>Meatball Parm Hoagie</p>	<p>3</p> <p><u>Dish of the Day</u> Pasta w/ Meatballs Tomato Cucumber Salad Diced Peaches</p> <p>Chicken Patty Sandwich</p>	<p>4</p> <p><u>Dish of the Day</u> Cheese or Pepperoni Pizza Mixed Vegetables Mandarin Oranges</p> <p>Hot Dog on a Bun</p>
<p>7</p> <p><u>Dish of the Day</u> Corn Dog Nuggets BBQ Baked Beans Applesauce</p> <p>Cheeseburger on a Bun</p>	<p>8</p> <p><u>Dish of the Day</u> Cheesy Lasagna Rollups Fresh Green Beans Mixed Fruit</p> <p>Chicken Nuggets w/ Buttered Noodles</p>	<p>9</p> <p><u>Dish of the Day</u> Popcorn Chicken Bowl Creamy Mashed Potatoes Diced Peaches</p> <p>Meatball Parm Hoagie</p>	<p>10</p> <p><u>Dish of the Day</u> Bacon Cheeseburger French Fries Applesauce</p> <p>Chicken Patty Sandwich</p>	<p>11</p> <p>No School Act 80 Day</p> 
<p>14</p> <p>No School Columbus Day</p> 	<p>15</p> <p>*National School Lunch Week</p> <p><u>Dish of the Day</u> Penne w/ Meatsauce Green Beans Diced Pears Fish Bait Snack Cup</p> <p>Chicken Nuggets w/ Buttered Noodles</p>	<p>16</p> <p>*National School Lunch Week</p> <p><u>Dish of the Day</u> Chicken & Biscuits w/ Gravy Mashed Potatoes Baked Apples Chips Ahoy! Cookie</p> <p>Meatball Parm Hoagie</p>	<p>17</p> <p>*National School Lunch Week</p> <p><u>Dish of the Day</u> Walk the Plank Tacos w/ Rice Buttered Corn Mandarin Oranges</p> <p>Chicken Patty Sandwich</p>	<p>18</p> <p>*National School Lunch Week</p> <p><u>Dish of the Day</u> Cheese or Pepperoni Pizza Broccoli Cinnamon Applesauce *Lucky Tray Day*</p> <p>Hot Dog on a Bun</p>
<p>21</p> <p><u>Dish of the Day</u> Grilled Cheese w/ Tomato Soup Mixed Vegetables Diced Pears</p> <p>Cheeseburger on a Bun</p>	<p>22</p> <p><u>Dish of the Day</u> Breaded Pork Chop w/ Stuffing Mashed Potatoes w/ Gravy Diced Peaches</p> <p>Chicken Nuggets w/ Buttered Noodles</p>	<p>23</p> <p><u>Dish of the Day</u> Creamy Mac & Cheese Sweet Peas Mixed Fruit</p> <p>Meatball Parm Hoagie</p>	<p>24</p> <p><u>Dish of the Day</u> Beef & Cheese Loaded Fries Fresh Red & Green Peppers Applesauce</p> <p>Chicken Patty Sandwich</p>	<p>25</p> <p><u>Dish of the Day</u> Cheese or Pepperoni Pizza Carrot Coins Sweet Mandarin Oranges</p> <p>Hot Dog on a Bun</p>
<p>28</p> <p><u>Dish of the Day</u> BBQ Rib Sandwich Broccoli Sliced Peaches</p> <p>Cheeseburger on a Bun</p>	<p>29</p> <p><u>Dish of the Day</u> Italian Dunkers w/ Marinara Creamy Cucumber Salad Diced Pears</p> <p>Chicken Nuggets w/ Buttered Noodles</p>	<p>30</p> <p><u>Dish of the Day</u> Spooook-etti & Meatballs Garlic Breadstick Steamed Broccoli Sweet Mandarin Oranges</p> <p>Chicken Patty Sandwich</p>	<p>31</p>  <p>Early Dismissal Happy Halloween!</p>	<p>11/1</p> <p><u>Dish of the Day</u> Cheese or Pepperoni Pizza Mixed Vegetables Mixed Fruit</p> <p>Hot Dog on a Bun</p>

What makes a meal?

You must choose at least 3 of 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit* Choice of Grain/Bread, and Choice of Milk *Students must choose at least one fruit or vegetable*

Milk Options

1% White and FF Chocolate

Fruit & Veggie Options

Broccoli, Baby Carrots, Romaine, Legume Salads, Celery, Carrots & Peppers
 *May choose two 1/2 cup servings

Crisp Apples, Sliced Peaches, Mixed Fruit, Orange Wedges, Banana, Pineapple Tidbits, Diced Pears, Applesauce

*K-8 may choose up to 1/2 cup serving.

Deli Alternates

Monday: Turkey & Cheese Sandwich | Chicken Caesar Salad

Tuesday: Ham & Cheese Sandwich | Chef Salad

Wednesday: Italian Hoagie | Crispy Chicken Salad

Thursday: Crispy Chicken Wrap | Fruit + Yogurt Parfait

Friday: Nacho Munchable | Garden Salad w/ Egg

Peanut Butter & Jelly offered Daily

