



# Lackawanna Trail School District Breakfast Menu - November 2024

Director of Food and Nutrition:  
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\* Menus are subject to Change

## Monday

**FREE  
BREAKFAST**  
For all Students K-12

- 4 Warm Apple Frudel  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 11 Mini Cinnamon Rolls  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 18 Mini Strawberry Cream  
Cheese Bagel  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 25 Warm Cinnamon Toast Crunch  
Bar  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

## Tuesday

- 5 Mini Blueberry Pancakes  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 12 Goody Ring  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 19 Assorted Muffin Tops  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 26 Warm Apple Roll  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

## Wednesday

- 6 Breakfast Chicken Slider  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 13 Egg & Cheese Bagel  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 20 Sausage & Cheese Biscuit  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 27 Egg & Cheese English  
Muffin  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

## Thursday

- 7 Assorted Benefit Bars  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 14 Assorted Benefit Bars  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 21 Assorted Benefit Bars  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 28 No School

## Friday

- 1 Mini French Toast  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 8 Assorted Muffins  
Chilled Juice  
and Fresh Fruit  
Low Fat Milk

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- 15 **Elem—No School**  
Mini Maple French Toast  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 22 Assorted Filled Crescents  
Chilled Juice  
Fresh Fruit  
Low Fat Milk

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- 29 No School

### OTHER DAILY OFFERINGS

#### Milk Choices Offered Daily

Fat Free Chocolate Milk and 1% White Milk

#### Daily Alternates:

Assorted Cereal w/ Crackers  
Yogurt Cup w/ Crackers

#### Breakfast Cost:

Free for all students K-12



#### Online Account Management:

<https://www.schoolcafe.com/>  
LackawannaTrailSD