

Lackawanna Trail Elementary

November 2024 Lunch Menu

Director of Food & Nutrition
 Erin Kirylyuk
 570.945.5181 ext 3212
 Kiryuke@LTSO.org



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Cheese or Pepperoni Pizza or Hot Dog on a Bun Mixed Veggies Tropical Fruit Salad
4 Chicken Cheesesteak Hoagie or Cheeseburger on a Bun Green Beans Applesauce	5 Penne Rosa w/ Garlic Breadstick or Chicken Nuggets w/ Noodles Steamed Broccoli Diced Peaches	6 Chicken & Waffles or Meatball Hoagie French Fries Pineapple Tidbits	7 Twin Soft Tacos w/ Rice or Chicken Patty Sandwich Buttered Corn Mandarin Oranges	8 * Farm to Fork Cheese or Pepperoni Pizza or Hot Dog on a Bun *Oven Roasted Carrots Mixed Fruit
11 Popcorn Chicken w/ Sauce Station or Cheeseburger on a Bun Mixed Veggies Diced Pears	12 Grilled Cheese w/ Tomato Soup or Chicken Nuggets w/ Noodles Steamed Carrots Tropical Fruit Salad	13 Apple Crunch Day Brunch for Lunch or Meatball Parm Hoagie Crispy Tater Tots Baked Cinnamon Apples	14 * Farm to Fork Pasta w/ Meatballs or Chicken Patty Sandwich *Fresh Green Beans Diced Peaches	15 No School Elementary Only
18 Corn Dog Nuggets or Cheeseburger on a Bun Steamed Carrots Applesauce	19 Cheesy Lasagna Roll Ups or Chicken Nuggets w/ Noodles Green Beans Tropical Fruit Salad	20 Bacon Cheeseburger or Meatball Parm Hoagie Tater Tots Pineapple Tidbits	21 Harvest Feast Oven Roasted Turkey Savory Stuffing Creamy Mashed Potatoes w/ Gravy Cranberry Sauce Warm Apple Crisp	22 Cheese or Pepperoni Pizza or Hot Dog on a Bun Mixed Veggies Diced Pears
25 Hot Ham & Cheese Pretzel Sandwich or Cheeseburger on a Bun French Fries Applesauce	26 Italian Dunkers Cheese or BBQ Chicken or Chicken Nuggets w/ Noodles Diced Carrots Mandarin Oranges	27 Early Dismissal No Lunch	28 Thanksgiving Break No School	29 Thanksgiving Break No School

What makes a meal?

You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk
 *Students must choose at least one fruit or vegetable

Student Paid Lunch: \$2.90

Milk Options

1% White Milk, FF Chocolate

Fruit & Veggie Options

Broccoli, Baby Carrots, Romaine Lettuce, Legume Salads, Celery, Carrots, Cucumbers and Colored Peppers
 * May choose up to two 1/2 cup servings*

Crisp Apples, Sliced or Diced Peaches, Mixed Fruit, Orange Wedges, Banana, Pineapple Tidbits, Diced Pears, Applesauce, Fresh Apple Slices

*K-6 may choose up to 1/2 cup serving.

Alternate Menu Options

Monday: Turkey & Cheese Sandwich | Chicken Caesar Salad

Tuesday: Ham & Cheese Sandwich | Chef Salad

Wednesday: Italian Hoagie | Crispy Chicken Salad

Thursday: Crispy Chicken Wrap | Fruit + Yogurt Parfait

Friday: Pretzel Nugget Munchable | Garden Salad w/ Egg