

Director of Food & Nutrition
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National School
Breakfast Week

Monday	Tuesday	Wednesday	Thursday	Friday
3 Bacon Cheeseburger BBQ Rib Sandwich Mixed Veggies Applesauce	4 Cheesy Chicken Nachos w/ Rice Grilled Cheese Buttered Corn Pineapple Tidbits	5 Brunch for Lunch French Toast Sticks w/ Sausage Grilled BBQ Chicken Sandwich Crispy Tater Tots Cinnamon Apples	6 Cheesy Lasagna Roll Ups Popcorn Chicken w/ Noodles Seasoned Green Beans Mandarin Oranges	7 Buffalo Chicken Flatbread Corn Dog Nuggets Diced Carrots Fruit Cocktail
10 Bosco Sticks w/ Marinara Dipping Sauce BBQ Rib Sandwich Seasoned Green Beans Diced Peaches	11 Chicken Dipper Sandwich Buffalo or Honey BBQ Grilled Cheese Diced Carrots Applesauce	12 Popcorn Chicken Bowl Grilled BBQ Chicken Sandwich Buttered Corn Diced Pears	13 Penne Rosa w/ Garlic Toast Popcorn Chicken w/ Noodles Steamed Broccoli Tropical Mixed Fruit	14 Shamrock Shakes \$3.00 Beef & Cheese Loaded Fries Corn Dog Nuggets Mixed Veggies Mandarin Oranges
17 Lucky Tray Day Chicken Nuggets w/ Garlic Breadstick BBQ Rib Sandwich Mashed Potatoes Cinnamon Applesauce	18 Lion Attack Wrap Grilled Cheese Buttered Corn Fruit Cocktail	19 Vegetable Dumplings w/ Teriyaki Sauce Grilled BBQ Chicken Sandwich Mixed Veggies Pineapple Tidbits	20 Chicken Parm w/ Penne Pasta Popcorn Chicken w/ Noodles Seasoned Green Beans Diced Peaches	21 Hot Ham & Cheese Pretzel Sandwich Corn Dog Nuggets Diced Carrots Mandarin Oranges
24 Buffalo Chicken Cheesesteak BBQ Rib Sandwich Seasoned Green Beans Diced Pears	25 Walking Tacos w/ Nacho Doritos & Rice Grilled Cheese Buttered Corn Pineapple Tidbits	26 Chicken & Waffles Grilled BBQ Chicken Sandwich French Fries Warm Cinnamon Apples	27 Italian Dunkers w/ Marinara Sauce Popcorn Chicken w/ Noodles Diced Carrots Tropical Mixed Fruit	28 Go for the Greens! Chicken Caesar Salad w/ Garlic Bread Corn Dog Nuggets Steamed Broccoli Green Grapes
31 Swedish Meatballs over Noodles Chicken Nuggets w/ Noodles Mixed Veggies Mandarin Oranges	<h2>National Nutrition Month</h2> <p>Fuel your after-school activities with a nutritious lunch.</p>			

THE PIZZERIA

- Chicken Bacon Ranch
- Sausage
- Buffalo Chicken
- Nashville Hot Honey Chicken
- Taco
- Steak & Cheese
- White
- Tomato Basil
- Breakfast

THE GRILL

- Weekly Grill Specials
- All grill options serves w/ fries or tots
- Monday: Crispy Whole Muscle Chicken Sandwich
- Tuesday: Spicy Chicken Sandwich
- Wednesday: Chicken Bacon Ranch Wrap
- Thursday: Crispy Whole Muscle Dill Chicken Sandwich
- Friday: Chicken Nuggets

GRAB N' GO

- Monday: Salad Bar
- Tuesday: Turkey & Cheese Hoagie; Chicken Caesar Salad
- Wednesday: Buffalo Chicken Wrap; Chef Salad
- Thursday: Deli Bar
- Friday: Garlic Parm Chicken Sub; Buffalo Chicken Salad

March Special Events

- 🌿 **Tuesday, March 11th** - Shamrock Shakes - \$3.00 each during lunches
- 🌿 **Friday, March 28th** - Celebrate National Nutrition Week by Going for the Greens! The menu will feature an array of green entrees, fruits and veggies!



WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
 Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk
 *Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate
 Lunch Price: \$3.00

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
 Dark Leafy Greens | Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings
 Crisp Apple | Sliced Peaches | Mixed Fruit
 Fresh Orange | Banana | Pineapple Tidbits
 Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
 9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Daily Pizza Options: Cheese or Pepperoni

Daily Grill Options: Juicy Cheeseburger on a Bun

Daily Grab & Go Options: Crispy Chicken Salad, Peanut Butter & Jelly, Yogurt Cup